

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

WELCOME TO MEDILODGE OF ALPENA

				<p>10:30 Fireside chats 11:30 Beverages 1:30 Uno and dice 1:30 Euchre-E wing 2:00 Catholic service 3:00 Yoga stretch 7:00 Music and chat</p>	<p>10:30 Floor games 11:00 Piano music 1:00 Pretty nails 2:00 Bible study with Richard Karsen 2:30 Quarter bingo with King Ron 4:00 Happy hour</p>	<p>10:30 Bowling 10:30 Coffee social 1:00 1-1 social visits 2:30 Movie matinee 4:30 Reminisce stories 6:30 Word-search puzzles available</p>
<p>10:15 Church 11:00 Beverages 1:30 1-1 visits 2:30 Games 4:00 Lighthouse Baptist Church for all denominations</p> <p>Daylight Saving Time Ends</p>	<p>10:30 Fitness club 11:30 Free drinks! 1:00 Play Uno 2:30 Surprise bingo 4:00 Pen pals On TV: 7:00 Jeopardy 7:30 Wheel of Fortune</p>	<p>10:30 Arts and crafts 10:30 Resident council E-wing 11:30 Let's visit 1:30 Nails polished 2:30 Movie 4:30 Range of motion stretch</p>	<p>10:30 Sing-a-long 11:30 Have a drink! 1:30 Hand massages 2:30 VFW "Cootie" bingo 4:00 Bowling 6:00 Baking with Rae Lynn</p>	<p>10:30 Fireside chats 11:30 Beverages 1:30 Uno and dice 1:30 Euchre-E wing 2:00 Catholic service 3:00 Yoga stretch 7:00 Music and chat</p>	<p>10:30 Floor games 11:00 Piano music 1:00 Pretty nails 2:00 Bible study with Richard Karsen 2:30 Quarter bingo with King Ron 4:00 Happy hour</p>	<p>10:30 Bowling 10:30 Coffee social 1:00 1-1 social visits 2:30 Movie matinee 4:30 Reminisce stories 6:30 Word-search puzzles available</p>
<p>10:15 Church 11:00 Beverages 1:30 1-1 visits 2:30 Games 4:00 Lighthouse Baptist Church for all denominations</p> <p>Veterans Day (US) Remembrance Day (Canada)</p>	<p>10:30 Fitness club 11:30 Free drinks! 1:00 Play Uno 2:30 Surprise bingo 4:00 Write a letter On TV: 7:00 Jeopardy 7:30 Wheel of Fortune</p>	<p>10:30 Arts and crafts 11:30 Let's visit 1:30 Nails polished 2:30 Music with Sherry 4:30 Range of motion stretch</p>	<p>10:30 Sing-a-long 11:30 Have a drink! 1:30 Hand massages 2:30 VFW "Cootie" bingo 4:00 Bowling 6:00 Baking with Rae Lynn</p>	<p>10:30 Fireside chats 11:30 Beverages 1:30 Uno and dice 1:30 Euchre-E wing 2:00 Catholic service 3:00 Yoga stretch 7:00 Music and chat</p>	<p>10:30 Floor games 11:00 Piano music 1:00 Pretty nails 2:00 Bible study with Richard Karsen 2:30 Quarter bingo with King Ron 4:00 Happy hour</p>	<p>10:30 Bowling 10:30 Coffee social 1:00 1-1 social visits 2:30 Movie matinee 4:30 Reminisce stories 6:30 Word-search puzzles available</p>
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